

# WEEKLY BULLETIN

Diocese of Broken Bay Under the Pastoral Care of the Discalced Carmelites since 2008

## 12 April 2020 - Easter Sunday

Following direction from the Government, all public masses are suspended until further notice.

The Bishop of Broken Bay, Bishop Anthony Randazzo has dispensed
with the obligation to attend Mass on Sundays.

We invite you to join in Masses that are available online, as listed below,
and to continue to pray from home.

## Mass Online:

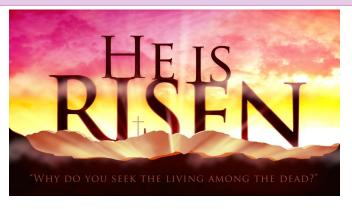
Corpus Christi Mass Online.

**Holy Thursday Mass** at 7:30pm Thursday 9 April; and

**Easter Sunday** mass will be available on Sunday.

https:// www.youtube.com/ channel/UCB1Oa3Tx-92DbCAZfy7NqwQ

Links to this YouTube channel will be available on our website and on our FaceBook Account.



Dear Parishioners,

Mary Magdalene, or Mary of Magdala, plays an important role in the gospel accounts of the resurrection. She was obviously a significant follower of Jesus, being named as a witness to the crucifixion, discovering the empty tomb and the first to encounter the risen Christ. Certainly, within the gospel reading we have the discovery of the empty tomb by Mary of Magdala; the disbelieving disciples running to the tomb, find things exactly as Mary had described; and the dawning realisation of what Jesus had meant when he so frequently spoke about rising from the dead.

The discovery of the empty tomb – although so simply told – is an astounding event that completes the Paschal Mystery: the passion, death AND resurrection of Jesus. Whilst Christ's willingness to go to his death on the cross was an extraordinary statement of God's love for humankind, it is his rising again from death that offers all Christian people hope. It is the second disciple – the one whom Jesus loved – who is the first to grasp the meaning of what has happened inside the tomb. The gospel tells us that upon entering the tomb and seeing Jesus' burial cloths lying there, 'he saw and he believed'.

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Unlike the later encounters with the risen Lord, this disciple recognised the truth and significance of what he saw in the empty tomb.

He didn't need to see the risen Lord to believe. Perhaps it is he that we today can best identify with. Not in a position to physically encounter the risen Christ, we are capable of seeing the signs of his resurrection and continuing



## PARISH OFFICE HOURS OVER SCHOOL HOLIDAYS

The Parish Office has now been closed, however our staff are sill working from home. They will not be working on Good Friday and Easter Monday.

Over the school holidays Tuesday 14 April to Friday 24 April the staff will be working from 9am - 12nn each Tuesday to Friday.

## **CATHEDRAL LITURGIES**

The Triduum Liturgies will be celebrated by Bishop Anthony Randazzo and live streamed from Hornsby Cathedral Parish. Access the website at https://www.bbcatholic.org.au/ hornsby

**Holy Thursday** 7:30pm

**Good Friday** Stations of the Cross 10am

Passion of the Lord 3pmn

**Easter Vigil** 7:00pm

#### ON TELEVISION

The Seven Network will broadcast The Lord's Passion at 3pm on Good Friday and Easter Sunday Mass from 10:30am across the country on Channel 7.

## POPE FRANCIS' PRAYER INTENTION FOR APRIL



Freedom from Addiction

We pray that those suffering from addiction may be helped and accompanied.

# Prayer Zone



## Please pray for the ill:

Bruce Wallace; Grace Cheah; Jan Davies; Elizabeth Walsh; Rebecca Anderson; Maria and Jack Garcia; Jose Mestres; Meacheal; Estelle Sok; Lewis Crinitti; Thi Nguyen; Victoria; Carmel Hadley; Carmel Hurrell, Mary Sanzone, Fergus O'Brien, Michelle Soumier, Jane Donnelly, Lisa Doherty, Gina Jaksetic, Jeannie, Gracie Spencer, Brendan Stone

If you know of anyone who can no longer attend mass due to illness; or if you have noticed one of our parishioners is no longer attending mass, could you please let the office know.

## LOOKING AFTER OUR MENTAL HEALTH **DURING COVID-19**

Everyone is reacting differently to the COVID -19 outbreak. Many people are experiencing anxiety, stress, worry and a low mood. Others are feeling overwhelmed by the amount of information they are receiving and the constant media coverage about COVID-

The good news is that there are practical things we can do to improve our mental wellbeing during this challenging time. NSW Health is recommending we all do the following:

Stay connected. Keep in touch by phone,

social media or video calls

Keep moving. Exercise to relieve stress. Keep to a routine. Keep regular sleeping and

eating patterns

Switch off. Take a break from the news if it feels overwhelming

Activate your support network or reach out for professional help.

Lifeline Australia: Call 13 11 14.Beyond Blue: Call 1300 22 4636.

NSW Mental Health Line: Call 1800 011 511

## **Acknowledgement of Traditional Owners**

We wish to acknowledge the traditional custodians of these lands on which we gather and show our respect to the Elders past and present. We also wish to pay our respects to all Aboriginal people.



## **SOCIAL JUSTICE CORNER:**

## World Health Day: We Stand With You

World Health Day is a global health awareness day celebrated every year on the 7th April, under the auspices of the World Health Organisation.

The message for the 2020 World Health Day from the UN Secretary-General António Guterres is a timely reminder of the extraordinary work being done by health workers during the COVID-19 pandemic:

"World Health Day this year comes at a very difficult time for all of us. My message today is to our health care workers — the nurses, midwives, technicians, paramedics, pharmacists, doctors, drivers, cleaners, administrators and many others — who work, day and night to keep us safe.

Today, we are more deeply grateful than ever to all of you, as you work, around the clock, putting yourselves at risk, to fight the ravages of this pandemic. 2020 is the International Year of the Nurse and the Midwife, and I want to recognize their specific expertise and commitment.

We have all had reason to give thanks for the care and professionalism of nurses and midwives. I know I do. Nurses shoulder some of the biggest health □ care burdens. They perform difficult work and endure long hours, while risking injury, infection and the mental health burden that accompanies such traumatic work. They often provide comfort at the end of life.

Midwives provide comfort at the beginning of life. During a pandemic, their work is even more challenging, as you bring our newborns safely into this world.

To the nurses and midwives of the world: thank you for your work.

In these traumatic times, I say to all health care workers: We stand with you and we count on you. You make us proud; you inspire us. We are indebted to you. Thank you for the difference you are making, every day and everywhere."

Please remember health workers and other front line workers in essential services in your prayers during the Easter Season. The World Health Organisation is also encouraging us to send a short message of support to nurses, midwives and health workers around the world. #ThanksHealthHeroes



## **Renaissance Art**



On Good Friday, 6 April 1520, the 37 year old Italian artist Raffaello Sanzio da Urbino (Raphael) died. Pope Francis made the following statement:

"This year marks the five -hundredth anniversary of the death of Raphael [Raffaello Sanzio], the great artist from Urbino, who died in Rome on 6 April 1520. Raphael left us a vast legacy of inestimable beauty. Just as an artist's genius can blend raw materials and different colors and sounds to create a unique work of art, so diplomacy is called upon to harmonize the distinctive features of the various peoples and states in order to build a world of justice and peace. This is in fact the beautiful masterpiece that all of us want to be able to admire."

Pope Francis added it is his "prayerful hope...[that we]...recover the spirit of openness that exemplified the Renaissance".

During this Easter period, you may like to take a "virtual tour" through the Raphael Rooms in the Vatican and reflect on the images in these rooms.

http://www.museivaticani.va/content/museivaticani/it/collezioni/musei/stanzedi-raffaello.html

## The Word

Thursday 9 April 2020: Holy Thursday

## **Entrance Antiphon**

We should glory in the Cross of our Lord Jesus Christ, in whom is our salvation, life and resurrection, through whom we are saved and delivered.

## First Reading

From the book of Exodus Ex 12:1-8. 11-14

The law for the passover meal.

The Lord said to Moses and Aaron in the land of Egypt, 'This month is to be the first of all the others for you, the first month of your year. Speak to the whole community of Israel and say, "On the tenth day of this month each man must take an animal from the flock, one for each family: one animal for each household. If the household is too small to eat the animal, a man must join with his neighbour, the nearest to his house, as the number of persons requires. You must take into account what each can eat in deciding the number for the animal. It must be an animal without blemish, a male one year old; you may take it from either sheep or goats. You must keep it till the fourteenth day of the month when the whole assembly of the community of Israel shall slaughter it between the two evenings. Some of the blood must then be taken and put on the two doorposts and the lintel of the houses where it is eaten. That night, the flesh is to be eaten, roasted over the fire; it must be eaten with unleavened bread and bitter herbs. You shall eat it like this: with a girdle round your waist, sandals on your feet, a staff in your hand. You shall eat it hastily; it is a passover in honour of the Lord. That night, I will go through the land of Egypt and strike down all the first-born in the land of Egypt, man and beast alike, and I shall deal out punishment to all the gods of Egypt, I am the Lord. The blood shall serve to mark the houses that you live in. When I see the blood I will pass over you and you shall escape the destroying plague when I strike the land of Egypt. This day is to be a day of remembrance for you, and you must celebrate it as a feast in the Lord's honour. For all generations you are to declare it a day of festival, for ever."

The Word of the Lord.

**Responsorial Psalm** Ps 115:12-13. 15-18. R. cf. 1 Cor 10:16

(R.) Our blessing-cup is a communion with the blood of Christ.

- How can I repay the Lord for his goodness to me? The cup of salvation I will raise; I will call on the Lord's name. (R.)
- 2. O precious in the eyes of the Lord is the death of his faithful. Your servant, Lord, your servant am I; you have loosened my bonds. (R.)

3. A thanksgiving sacrifice I make: I will call on the Lord's name. My vows to the Lord I will fulfil before all his people. (R.)

## Second Reading

From the first letter of St Paul to the Corinthians 1 Cor 11:23-26

Until the Lord comes, every time you eat this bread and drink this cup, you proclaim his death.

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, 'This is my body, which is for you; do this as a memorial of me.' In the same way he took the cup after supper, and said, 'This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.' Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming his death. The Word of the Lord.

#### **Gospel Acclamation**

Praise and honour to you, Lord Jesus Christ! I give you a new commandment: love one another as I have loved you. Praise and honour to you, Lord Jesus Christ!

#### Gospel

From the holy Gospel according to John Jn 13:1-15

To the end he showed his love for them.

It was before the festival of the Passover, and Jesus knew that the hour had come for him to pass from this world to the Father. He had always loved those who were his in the world, but now he showed how perfect his love was.

They were at supper, and the devil had already put it into the mind of Judas Iscariot son of Simon, to betray him. Jesus knew that the Father had put everything into his hands, and that he had come from God and was returning to God, and he got up from table, removed his outer garment and, taking a towel, wrapped it round his waist; he then poured water into a basin and began to wash the disciples' feet and to wipe them with the towel he was wearing.

He came to Simon Peter, who said to him, 'Lord, are you going to wash my feet?' Jesus answered, 'At the moment you do not know what I am doing, but later you will understand.' 'Never!' said Peter. 'You shall never wash my feet.' Jesus replied, 'If I do not wash you, you can have nothing in common with me.' 'Then, Lord,' said Simon Peter, 'not only my feet, but my hands and my head as well!' Jesus said, 'No one who has taken a bath needs washing, he is clean all over. You too are clean, though not all of you are.' He knew who was going to betray him, that was why he said, 'though not all of you are.'

When he had washed their feet and put on his clothes again he went back to the table. 'Do you understand' he said 'what I have done to you? You call me Master and Lord, and rightly; so I am. If I, then, the Lord and Master, have washed your feet, you should wash each other's feet. I have given you an example so that you may copy what I have done to you.' The Gospel of the Lord

## The Word

Sunday 12 April 2020: Easter Sunday

#### First Reading

From the Acts of the Apostles Acts 10:34. 37-43 We have eaten and drunk with him after his resurrection from the dead.

Peter addressed Cornelius and his household: 'You must have heard about the recent happenings in Judaea; about Jesus of Nazareth and how he began in Galilee, after John had been preaching baptism. God had anointed him with the Holy Spirit and with power, and because God was with him, Jesus went about doing good and curing all who had fallen into the power of the devil. Now I, and those with me, can witness to everything he did throughout the countryside of Judaea and in Jerusalem itself: and also to the fact that they killed him by hanging him on a tree, yet three days afterwards God raised him to life and allowed him to be seen, not by the whole people but only by certain witnesses God had chosen beforehand. Now we are those witnesses - we have eaten and drunk with him after his resurrection from the dead – and he has ordered us to proclaim this to his people and to tell them that God has appointed him to judge everyone, alive or dead. It is to him that all the prophets bear this witness: that all who believe in Jesus will have their sins forgiven through his name.'

The Word of the Lord.

**Responsorial Psalm** Ps 117:1-2. 16-17. 22-23. R. v.24

(R.) This is the day the Lord has made; let us rejoice and be glad.

- Give thanks to the Lord for he is good, for his love has no end. Let the sons of Israel say: 'His love has no end.' (R.)
- 2. The Lord's right hand has triumphed; his right hand raised me up. I shall not die, I shall live and recount his deeds. (R.)
- 3. The stone which the builders rejected has become the corner stone. This is the work of the Lord, a marvel in our eyes. (R.)

## **Second Reading**

From the letter of St Paul to the Colossians Col 3:1-4 Look for the things that are in heaven, where Christ is. Since you have been brought back to true life with Christ, you must look for the things that are in heaven, where Christ is, sitting at God's right hand. Let your thoughts be on heavenly things, not on the things that are on the earth, because you have died, and now the life you have is hidden with Christ in God. But when Christ is revealed – and he is your life – you too will be revealed in all your glory with him. The Word of the Lord.

## **Gospel Acclamation**

Alleluia, alleluia! Christ has become our paschal sacrifice; let us feast with joy in the Lord. Alleluia!

## Gospel

From the holy Gospel according to John Jn 20:1-9

The teaching of scripture is that he must rise from the dead.

It was very early on the first day of the week and still dark, when Mary of Magdala came to the tomb. She saw that the stone had been moved away from the tomb and came running to Simon Peter and the other disciple, the one Jesus loved. 'They have taken the Lord out of the tomb' she said 'and we don't know where they have put him.'

So Peter set out with the other disciple to go to the tomb. They ran together, but the other disciple, running faster than Peter, reached the tomb first; he bent down and saw the linen cloths lying on the ground, but did not go in. Simon Peter who was following now came up, went right into the tomb, saw the linen cloths on the ground, and also the cloth that had been over his head; this was not with the linen cloths but rolled up in a place by itself. Then the other disciple who had reached the tomb first also went in; he saw and he believed. Till this moment they had failed to understand the teaching of scripture, that he must rise from the dead.

The Gospel of the Lord.

Or

From the holy Gospel according to Matthew Mt 28:1-10

He has risen from the dead and now he is going before you to Galilee.

After the Sabbath, and towards dawn on the first day of the week, Mary of Magdala and the other Mary went to visit the sepulchre. And all at once there was a violent earthquake, for the angel of the Lord, descending from heaven, came and rolled away the stone and sat on it. His face was like lightning, his robe white as snow. The guards were so shaken, so frightened of him, that they were like dead men. But the angel spoke; and he said to the women, 'There is no need for you to be afraid. I know you are looking for Jesus, who was crucified. He is not here, for he has risen, as he said he would. Come and see the place where he lay, then go guickly and tell his disciples, "He has risen from the dead and now he is going before you to Galilee; it is there you will see him." Now I have told you.' Filled with awe and great joy the women came quickly away from the tomb and ran to tell the disciples.

And there, coming to meet them, was Jesus. 'Greetings,' he said. And the women came up to him and, falling down before him, clasped his feet. Then Jesus said to them, 'Do not be afraid; go and tell my brothers that they must leave for Galilee; they will see me there.'

The Gospel of the Lord.